Characterization and Comparison of Saprist and Fibrist Newfoundland Sphagnum Peat Soils

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Received April 5, 2012; revised May 21, 2012; accepted June 9, 2012

ABSTRACT

Saprist and fibrist sphagnum peat soils obtained from the same natural peat bog owned by Traverse Nurseries, Torbay, Newfoundland, Canada were characterized to study their potential for adsorbing metals. Both peat soils had a pH of 4.2. The saprist peat had the lower fiber content (68.6% versus 75%), higher cation exchange capacity (70 meq/100g versus 45 meq/100g), higher moisture content (86% versus 82%), higher organic matter content (91% versus 84%), higher wet bulk density (0.65 g/cm³ versus 0.60 g/cm³) and higher dry bulk density (0.28 g/cm³ versus 0.20 g/cm³). A crystallog-raphy study showed that the saprist peat was completely amorphous and the metal content analysis showed high calcium and iron concentrations in both types of peat with higher values in the fibrist peat. Carboxylic acid, alcoholic hydroxyl, phenolic hydroxyl, amine and amide functional groups were present and these could be responsible for binding metal ions via ion exchange and or complexation reactions.

Keywords: XRD; SEM; FTIR; NMR; ICP-MS; Functional Groups

1. Introduction

Mining is a major contributor of soil and water pollution [1] and a high proportion of dissolved metals exist in areas surrounding mining sites [2] and have been analyzed in water samples long after the mines have been closed or abandoned [1]. Aqueous phase metals are highly mobile and aquatic life around any mine site could be perpetually endangered if improperly treated wastewaters are discharged.

Adsorption using low cost adsorbents such as agricultural wastes (orange skins, banana peels, [3]) saw dust [4], peat [5,6], clay and zeolites [7], is an effective alternative to precipitation, membrane technology and floatation for metal removal from wastewater. An adsorbent is "low cost" if it is readily available, requires minimal or no processing [8] and is inexpensive or of zero cost.

Peat soils are promising adsorbents for heavy metal removal [5,6,9], easily harvested and are economical as can be seen from **Table 1**. Peat is partially fossilized plant matter that is formed in poorly oxygenated waters of marshes, bogs, and swamps where the rate of plant matterproduction and accumulation exceeds the rate of microbial oxidation [15]. Though peat is most common in the northern hemisphere, large deposits exist in Brazil,

Indonesia and South Africa [16]. Peatlands or peat bogs record environmental and paleoenvironmental evolution and provide a reference for measuring past and present global climate change [17].

Since 1922 the von Post scale has been used to classify peat from poorly decomposed (1 H) to completely decomposed (10 H) and peat has also been classified as being highly decomposed (saprist), moderately decomposed (hemic) or poorly decomposed (fibrist) [18,19].

Peat characterization has remained a difficult task since peat soils may form under a variety of conditions of vegetation and environment [20]. In the past characterization has provided details on the organic and inorganic compounds present in the peat, usually obtained through partial or complete destruction of the peat matrix, and details on the morphology and particle size. Previous studies have focused on the humic and fulvic acid fractions extracted from the peat [21-25] but the determination of the constituents or composition of peat, with minimal destruction is preferable and may be more realistic [26].

Poorly humified or fibrist peat (horticultural peat) has been well studied as an adsorbent for heavy metals [27-29] although the highly humified or saprist peat has not been studied to the same extent and the peat-metal bonding mechanisms have not been fully understood or



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Table 1. Relative cost of some adsorbent materials.

Adsorbent materia	l Cost (US \$/kg)	Source
Chitosan	15.43	[10]
Activated Carbon	~2.54 (production, quality and source dependent)	[11]
Zeolites	0.03 - 0.14 (quality and end-use dependent)	[12]
Clay	0.03 - 0.375 (quality and type dependent)	[13]
Peat	0.024 - 0.052 (peat type and processing level dependent)	[14]

established [30], possibly due in part to the destructive characterization procedures employed. Saprist peat can be used as an agricultural enhancement for improving the water holding capacity of sandy soils [23] and possess a higher metal adsorptive capacity than the widely studied fibrist peat [31].

This paper describes and compares the properties of untreated saprist and fibrist peat soils from the same peat bog. Physico-chemical characterization of the two peat soils was undertaken using standard laboratory procedures and in addition, was supplemented with non-destructive characterization of the two peat soils employing five types of equipment including an X-Ray Diffractometer (XRD), a Scanning Electron Microscope (SEM), a Fourier Infrared Spectroscope (FTIR), a Solid State ¹³Carbon Nuclear Magnetic Resonance (NMR) and an Inductively Coupled Plasma-Mass Spectrometer (ICP-MS). The saprist and fibrist peat soils are compared and the results are discussed in terms of the potential of the saprist peat to remove metals from wastewater, though metal removal studies were not a part of this research.

2. Methods

The two peat soils were obtained, courtesy of the Traverse Nursery, from a natural peat bog located between Torbay and Flat Rock (15 km north of St. John's), and an area, which is part of the largest peatland on the Avalon Peninsula of Newfoundland [32]. The peats were harvested at about 0.4 m depth (fibrist) and at about 1.6 m depth (saprist), transferred in flexi bags to the lab, weighed, spread on a plastic tray, and air dried at room temperature (about 23°C) to remove about 70% of the original moisture content. Each was then homogenized by manually mixing after removing pebbles and undecomposed woody materials. The physico-chemical properties that could influence metal adsorption of the peat soils were determined by standard methods [33] as summarized in Table 2. All of the tests were conducted on the air-dried peat soils except for the wet bulk density tests that were conducted on the peat fresh from the field,

Demonster		Values	
Parameter	Method Used	Saprist	Fibrist
Degree of decomposition	von Post	8H	3Н
pH (in de-ionized water)	ASTM D2976-71	4.2	4.2
Fiber content (%)	ASTM D1997-91	68.8	75
CEC at 7.0 pH (meq/100g)	Calcium acetate/chloride ^a	70	45
Moisture content (%)	ASTM D2974-07A	86	82
Organic matter (%)	ASTM D2974-07A	91	84
Ash content (%)	ASTM D2974-07A	9	16
Wet bulk density (g/cm ³)	ASTM D4531-86	0.65	0.60
Dry bulk density (g/cm ³)	ASTM D4531-86	0.28	0.21

^aCalcium acetate/chloride method [34].

and which was homogenized after removing the pebbles and woody materials. Grain size determination of the airdried peats was obtained by sieving triplicate dried peat samples over a series of mechanically stacked sieves.

To determine the total metallic contents of the airdried homogenized saprist and fibric peat soils, each soil was crushed in a mortar, acidified with 14.5 N HF and 8 N HNO₃ and left on a hot plate for several days until completely digested so that all the organic components were released. Then 6 N HCl and 8 N HNO₃ were added to dissolve the samples further and this step released the inorganic components. Finally 8 N HNO₃ was added and diluted with nano-pure water according to the rock dissolution procedure [33] in the Earth Sciences Department at Memorial University of Newfoundland (MUN) where the samples were finally analyzed with a model ELAN DRC-2 ICP-MS.

Micrographs of the peat pore orientation and surface morphology were obtained using the Hitachi S-570 SEM (Biology Department, MUN). To prepare the soil samples for each of the size fractions obtained from the dry granulometry test but excluding the dust fraction (**Table 3**) for the saprist and fibrist peat (for a total of twelve samples), each was spread over a carbon taped stud and coated with $550 \times$ Sputter Coater for gold operated at 20 mA in a vacuum of 0.2 mbar for 2.5 mins resulting in a 15 nm thick coating on the peat.

The mineral content was analyzed for each of the same twelve size fractions of the saprist and fibrist peat samples that micrographs had been taken of. Samples were packed on a vertically placed stud of the Rigaku Rotaflex D/Max 1400 rotating anode powdered XRD (Earth Sciences Department, MUN) with Cu-Kα radiation source

Table 3. Dry granulometry resultsfor the two peat types.

Sieve No.	Sieve size (µm) –	Average % retained by weight	
		Saprist	Fibrist
4	4750	13	15
8	2000	-	19
20	850	52	-
40	425	15	45
50	300	5	-
60	250	-	9
100	150	6	4
200	75	3	6
Smaller dust		6	2

operated at 40 kV and 100 mA from Rigaku/MSC—Japan equipped with an X-ray stream 2000 low temperature system. The spectra obtained were matched through the JADE data software (Earth Sciences Department, MUN).

The functional group content of the same twelve fractions of the saprist and fibrist peat soils that were analyzed with a SEM and an XRD was identified using the Bruker TENSOR 27 FTIR (Chemistry Department, MUN) equipped with a MIRacle ATR accessory coated with crystallized ZnSe with absorbance range from 4000 and 650 cm⁻¹. A few grains of each air dried homogenized peat sample was placed on the pressure tip, compressed onto the sampling area at the center of the ZnSe crystal plate, and was scanned for one minute in transmission mode double sided forward/backward at a spectral resolution of four wavenumbers. The equipment incorporates a KBr beam splitter, aperture (6 mm setting) and detector. Solid state ¹³C NMR of a peat samples were taken from fraction $< 425 \mu m$ to identify the dominant functional groups. The spectra were obtained at 298 K using a Bruker Avance II 600 spectrometer, equipped with a SB Bruker 3.2 mm MAS triple-tuned probe operating at 600.33 MHz for 1 H and 150.97 MHz for ¹³C. Chemical shifts are referenced to tetramethylsilane (TMS) using adamantane as an intermediate standard for ¹³C. The samples were spun at 20 kHz for ¹³C NMR spectra. Crosspolarization spectra were collected with a Hartmann-Hahn match at 62.5 kHz and 100 kHz 1 H decoupling. The recycle delay was 2 s. The contact time was 2000 ms for ¹³C NMR.

3. Results and Discussion

3.1. Physico-Chemical Properties

The physico-chemical properties of the two peat types

are summarized in **Table 2**. On the von Post scale of classification, the saprist peat was 8H while the fibrist peat was 3 H. Both peat samples were acidic and had relatively high fiber contents, with the fiber content being greater in the fibrist peat (as would be expected).

The cation exchange capacity (CEC) was 70 meq/100g for the saprist peat compared to 45 meq/100 for the fibrist peat. The higher CEC of the saprist peat suggests that it could be a better adsorbent for metal removal though it is the fibrist peat that has been the most widely tested as an adsorbent for metals. Both peats had high moisture holding capacities with the saprist peat having the higher value. Since CEC influences uptake of hydrated cations, CEC is also related to moisture holding capacity and so the results are reasonable.

The organic content was greater in the saprist peat, which can be attributed to the higher degree of decomposition [35], longer exposure to weathering (including mechanical activities such burrowing by worms, soil movement and coverage), and deeper zone of formation [20]. Consequently the ash or inorganic content was greater in the fibric peat (since the one test gives both the organic and inorganic fractions and their sum is the total material).

The bulk density (wet and dry) of the saprist peat was higher as this peat was dominated by more of the smaller particle size fractions (as shown in **Table 2**). This is also related to the greater water retaining capacity that the saprist peat exhibited as the smaller particles would contribute to a greater overall surface area.

The particle size distributions of the air-dried homogenized peat soils (in **Table 3**) are showing that only 13% of the saprist peat had particles > 2000 μ m whereas 34% of the fibric peat had particles > 2000 μ m. Fractions > 2000 μ m in the fibrist peat were woody undecomposed materials. Fractions < 2000 μ m and >850 μ m were mostly fibre of unidentifiable decomposing materials.

3.2. Metal Content

The average metal concentrations in each peat sample are presented in **Table 4**. Also detected at concentrations below 1 mg/kg were As, Co, and Pb. Although the presence of these metals could be due to both natural and anthropogenic sources, the results show that these peat soils have a natural affinity for the detected metals with calcium and iron being the predominant metals.

3.3. Surface Morphology

The micrographs of the twelve peat fractions ranged in resolution from 150 times to 2200 times but the at 1000 times it was easiest to identify pores without damaging the structure so these micrographs are presented and the fractions $\leq 425 \ \mu$ m gave the best images of the pores and

Motol -	Concentration (mg/kg)	
Wietai	Saprist	Fibrist
Ca	2392	2743
⁵⁴ Fe	1012	971
Ti	34	98
Zn	15	88
Sn	8	8
Mn	7	27
⁵² Cr	4	ND^{a}
Ni	4	0.7
Cu	2	0.3
⁷⁷ Se	1	ND ^a

Table 4. Metals detected by ICP-MS analysis of the two peat types.

^anot detected.

structure. Therefore the \leq 425 µm fractions are shown in **Figures 1(a)** (saprist peat) and **(b)** (fibrist peat).

While taking the SEM images it was observed that the pores were interlinked, collapsed and overlapped. For example on **Figure 1(a)**, no single pore could be identified as each pore is also surrounded by a larger pore of similar shape so they are concentric pores but they are also slightly deformed due to compression. This pattern enhances the water holding capacity of the saprist peat and the small opening in **Figure 1(a)** would allow the passage of water and also the interaction of the pore walls with aqueous heavy metal ions. The wavy patterns in the bottom right corner of **Figure 1(a)** are the constantly overlapping pores. Each pore consists of a unique internal cellular structure depending on the parent materials.

Most of the pores in the fibrist peat (Figure 1(b)) to a large extent retain their original shape, and could have originated directly from the plant forming materials and a study [5] reported this pore structure to be cellular. The pore structure in the saprist peat could be resulting from the compressive forces and it has been reported [36] that greater decomposition reduced the pore fraction, smaller particles were more packed together, and the bulk density was increased. This was evident in this study as the fibrist peat had the smaller bulk density and moisture content (Table 2). With increasing decomposition, pore sizes become smaller and inseparable (powder-like) resulting in a compact peat matrix with a higher water holding capacity. The fibrist peat normally has a higher porosity, which makes it favoured in gardening and horticulture where fast percolation of water is needed.





Figure 1. (a) Micrograph of saprist peat \leq 425 µm; (b) Micrograph of fibrist peat \leq 425 µm.

3.4. Peat Crystallography

The diffractograms (**Figure 2(a)**) are for saprist peat fractions retained on the 425 μ m mesh, **Figure 2(b)** for fibric peat retained on the 425 μ m mesh and **Figure 2(c)** for fibric peat fractions < 75 μ m. The diffractograms were similar for all fractions obtained from the dry granulometry for both peat types with no unique or identifiable crystal peaks except for the fraction < 75 μ m of the fibrist peat, which showed the presence of calcium and silicon oxide. The hump-shaped peak occurring between 18° and 32° is a unique characteristic of peat [37].

The saprist peat was more amorphous as no mineral peak was identified compared to the fibrist peat. Known minerals in peat such as quartz and feldspar in a New York woody peat [6] and calcite, kaolinite and quartz in



Figure 2. (a) Diffractograms of saprist peat fractions \leq 425 μ m; (b) Diffractograms of fibrist peat fractions \leq 425 μ m; (c) Diffractograms of fibrist peat fractions < 75 μ m.

an Alder-peat from Poland [38] have been reported, but in this study no known minerals and especially clays were detected by matching the peaks with the JADE software database.

3.5. Functional Groups

The FTIR spectra of all size fractions of the saprist peat had similar profiles to the spectra of the fibrist peat fractions $\leq 425 \ \mu m$ as shown in **Figure 3**. Similar spectra suggest a similar chemical composition, thus the chemical composition of the fibrist and saprist peats from the same bog contained similar chemical compounds especially at fractions $\leq 425 \ \mu m$. Larger fractions (>850 \ µm) of the fibrist peat showed very broad spectra with fewer distinct peaks.

The probable functional groups present in the peat samples and their corresponding wavenumbers are presented in **Table 5**. Lange's handbook of Chemistry [39] was the primary source used to identify the probable peaks and where indicated, John Coates in the Encyclopaedia of Analytical Chemistry [40] was also consulted.

The functional groups in the saprist and fine grain fibrist peat appear to be dominated by the presence of organic oxygenated species such as carboxylic acid, alcoholic and phenolic hydroxyls and ethers in addition to amines. All of these groups are comprised of active electron sites in their primary structures and their fluctuating polarization can allow their electrons to be positioned and shared with the incoming metals deficient in electrons. These reactions may governthe peat metal binding chemistry, with complexation of metals being the main path of metal uptake, and ion exchange occurring at a much slower rate.

The measured peaks and their corresponding functional groups are slightly different from values reported in other studies. One of the unique characteristics of this Newfoundland peat is the abundance of amine groups as suggested by the FTIR spectra. The amine group may be particularly important in complexation reactions with a number of metals (such as Cu, Pb, Cd, Ni, Zn and Al) at a neutral pH [43].

These differences in composition and orientation of the compounds can be attributed to different parent materials from which the peat is derived, varying climatic and environmental conditions under which the peat is formed, and the different levels of pre-treatments applied to the peat. For example, in one study [38], the peat sample was heated to 350°C prior to analytical analysis and this could have altered the chemical composition, while in this study, the pre-treatment consisted of only air drying at room temperature (23°C). Humic and fulvic acids may be damaged during the harsh processes under which they are extracted from peat and so their FTIR spectra may be only partially comparable with peat FTIR spectra. This study and the work by Orem et al., [41] are two of the very few studies that analyzed peat in close to its natural state.

One study [36] observed the Si-O stretching group (1086 cm^{-1}) in a Brazilian peat. The silicate ion also appeared to be present in the peat in this study at a wavenumber of 915 cm⁻¹. In addition, according to the XRD results (**Figure 2(c**)) silicon oxide was also present.



Figure 3. FTIR spectra of saprist peat (fraction \leq 425 μ m) (similar for all fractions < 425 μ m for both saprist and fibrist peats).

Wavenumber (cm ⁻¹)	Probable Functional Group Assigned Band, cm ⁻¹	Comparable Studies
3518	Primary amines (aliphatic) 3550 - 3300 (m) ^a	
	Secondary amines 3550 - 3400 (w)	
3352	Normal polymeric OH stretch ¹	[21]
3270	Ammonium ion 3300 - 3030 (s) ^b	
2918	Carboxylic acids -CO ₂ H, OH stretching 3000 - 2500	[41]
2850	Carboxylic acids -CO ₂ H, OH stretching 3000 - 2500	[41]
	Methylene (CH ₂) C-H asymmetric/symmetric stretch ¹	[21]
2360	Tertiary amines $R_1R_2R_3NH^+$ 2700 - 2250	
2341	Aliphatic CN	
1620	Primary amines (aliphatic) 1650 - 1560 (m) ^a	
	C=C conjugated with aromatic ring 1640 - 1610 (m)	[41]
	α,β unsaturated carbonyl compounds 1640 - 1590 (m)	
1412	Ammonium ion 1430 - 1390 (s) ^b	
	Vinyl C-H in-plane bend ¹	
1375	=C(CH ₃) ₂ Alkane residues attached to C \approx 1380 (m)	[41]
Nitro C-NO ₂ aromatic 12	380 - 1320 (s) ^c	
1242	Aromatic ethers, aryl –O stretch $(\Phi$ -O-H) ¹	[42]
1150	Tertiary alcohol C-O stretch ¹	[21]
1034	Hydroxyl O-H primary aliphatic alcohols 1085 - 1030 ^d	[41,42]
	-O-CH ₃ ethers (w-m) c 1030	
	Peroxides -O-O- 1150 - 10301e (m-s) Alkyl [41,42]	
915	Silicate ion ¹	
845	Nitro C-NO ₂ aromatic 865 - 835°	
825	Peroxides -O-O- 900 - 830 (w) ^e	
767	-CH ₂ - Rocking vibration	
720	Saturated CH ₂ ^c 720	[42]
667	Hydroxyl O-H primary aliphatic alcohols 700 - 600 ^d	

Table 5. Probable functional groups from FTIR spectra.

¹John Coates in Encyclopedia of Analytical Chemistry; ^aprimary amine bands at 3550 - 3300 and 1650 - 1560; ^bammonium ion bands at 3300 - 3030 and 1430 - 1390; ^cnitro C-NO₂ aromatic bands at 1380 - 1320 and 865 - 835; ^dprimary aliphatic alcohols bands at 1085 - 1030 and 700 - 600; ^eperoxide bands at 1150 - 1030 and 900 - 830.

Analysis of the ¹³C NMR spectra as shown in **Figure 4** (similar for all other fractions for both peat types), for the fraction $\leq 425 \ \mu m$ supported the functional groups identified by the FTIR spectra as shown in **Table 6**.

4. Conclusions

Characterization of a saprist peat was undertaken as a prelude to its evaluation as an adsorbent for removing metals from wastewaters. The CEC (70 meq/100g) was

making the highly humified peat a better cation exchanger. Although the metal content of the fibrist peat was greater this could have been due to its closer contact to the upper layer of the bog and exposure to windblown transport. The ash content of the fibrist peat was almost twice that of saprist peat, which might be due to the different zones of formation and accumulation of inorganic materials such as silicon oxide at the upper layer of the bog.

higher than that of the poorly humified peat (45 meq/100g)



Figure 4. NMR spectra of saprist peat (fraction $\leq 425 \ \mu m$) (similar for all other fractions for saprist and fibrist peats of fractions $< 425 \ \mu m$).

Table 6. Probable functional groups from ¹³C NMR spectra of saprist peat.

Chemical shift range (ppm)	Probable functional groups	Similar studies
18.05 - 40.06	CH ₃ (in long polymeric chains)	[44-46]
56.28 - 84.15	Amine Carbon, Alcohol, ethers, methoxyl	[44-47]
100.37 - 129.43	Phenol, N-substituted aromatic	[44,46]
150.78 - 173.38	Carboxyl, amide, esters	[44,46,47]

The chemistry of metal binding in the two peat types might be different with the poorly humified peat being more influenced by inherent inorganic compounds present, a fact supported by the detection of silicon oxide (SiO₂) in the XRD spectrum of fraction < 75 μ m. With the absence of clay minerals and any known inorganic substances in the highly humified peat (compared to the poorly humified peat sample), any metal uptake in this peat type may be due to the functional group chemistry and the readily available exchangeable cations initially present in this

amorphous material. Since the highly humified peat was more homogeneous in physical nature, it might be easier to study the peat metal binding chemistry from this peat type.

5. Acknowledgments

The authors appreciate the financial support from NSERC and MUN and are grateful to Mr. R. Traverse of Traverse Gardens, Torbay, for supplying the peat soils. Also appreciated are the contributions of MUN laboratory technicians, Ms L. Men and Ms. A. Hillier (SEM) of the Biological Science Department, and Ms. H. Gillespie (XRD) and Ms. P. King (ICP-MS) of the Earth Science Department and Dr Celine Schneider (NMR) of Chemistry Department.

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